

VANMARK INC.

RING SIZE WORKSHEET

Before you begin

After printing, measure the ruler below to ensure accuracy of printout.

If measurement is incorrect, check your printer settings to ensure "page scaling" is disabled.

Do not measure fingers when they are cold or after exercise.

Measure fingers at the end of the day, when they are largest.



Method 1: Measure a properly fitting ring

1. Obtain a ring that properly fits the desired finger
2. Slide ring over the circles below, look for the circle that matchest the inside size of the ring.
3. If the ring measures between two sizes, use the larger size.



Method 2: Measure desired finger

1. Carefully cut out the paper measuring strip below.
2. Cut the small slit at the end where indicated.
3. Wrap the strip around the desired finger, printed side facing out.
4. Pull the tip of the strip through the slit at the opposite end.
5. Position the strip over the widest part of the finger and pull on the tip to tighten.
6. Once tightened, the correct ring size will line up with the slit.

